



Unity Church of Knoxville's **Hot Happenings**

All Sunday Services are held at: 2426 Sutherland Ave, Knoxville, TN 37919 - (865) 971-5806
Please visit us at www.unitychurchofknoxville.org

This Coming Sunday...

03/14/10 - Marcia Walker will deliver another of her inspiring lessons. The title is “**Spiritual Weight Loss**”, letting go of the things that weigh us down, primarily resentment and worry.

By coaching, teaching, and writing for more than twenty years, Marcia Walker has helped people through difficult circumstances so they can bring their very best to their personal and professional lives. Marcia served on the staff of programs for survivors of violence, and worked in the More to Life program for many years. In 2004, Marcia started Step by Step Coaching focused on guiding stepparents and remarried parents through the challenges of designing a blended or stepfamily that works for everyone in the family.

Marcia is a certified personal coach, an Action Plan Marketing Coach, and a member of the East Tennessee Coaches Association. She studied counseling psychology at the University of North Carolina in Chapel Hill, and is one of a small group of Mastery Teachers in the international More to Life program.

Marcia and her husband, Mike Cox live in Knoxville and attend Kern United Methodist Church in Oak Ridge where they brought their six children together as a family.

Next Sunday:

03/21/10 - Rev. David Hulse will inspire us with “**Six Steps to Living in the Now**”.

In the afternoon, David presents a great workshop from **12:30 – 2:00** on “**Science, Sound & Spirituality**” (*Suggested Donation: \$10*). Bring healthy snacks to share for an uplifting, energizing set of vibrations. Sound Therapy is a way to access our subtle energy bodies and free blocked energy, creating openings for personal transformation and healing! Learn more about how you can lower stress by personally utilizing sound therapy or how you can incorporate Sound Therapy into existing modalities at the Unity of Knoxville with David Hulse, D.D. - Developer of SomaEnergetics. We tune cars, we tune pianos, why not tune our bodies? Expand your vibrational well-being with SomaEnergetics!

April 16-18th

Coptic Fellowship International Annual Conference is April 16,17 & 18, 2010 in Johnson City, TN. This years theme is “The Great Awakening; The Time is Now. Conference presenters include Dannion Brinkley, Patti Conklin, and Raymon Grace. For more information visit <http://www.coptic-sun.org/events.html>.

Ongoing ...

2010: The Year of the 12 Powers - meets **each Sunday morning at 9:30 am** .

Each week one of the 12 powers is presented. Learn to understand and apply one new power each week! Would you like to feel more fulfilled, centered and in charge of your life? Charles Fillmore, Unity’s co-founder, identified 12 spiritual gifts which were expressed perfectly by Jesus and are present in every person. We invite you on a 12 week spiritual journey to tap into your divine power and more fully express the Christ within.

9:30 AM at Unity Church of Knoxville